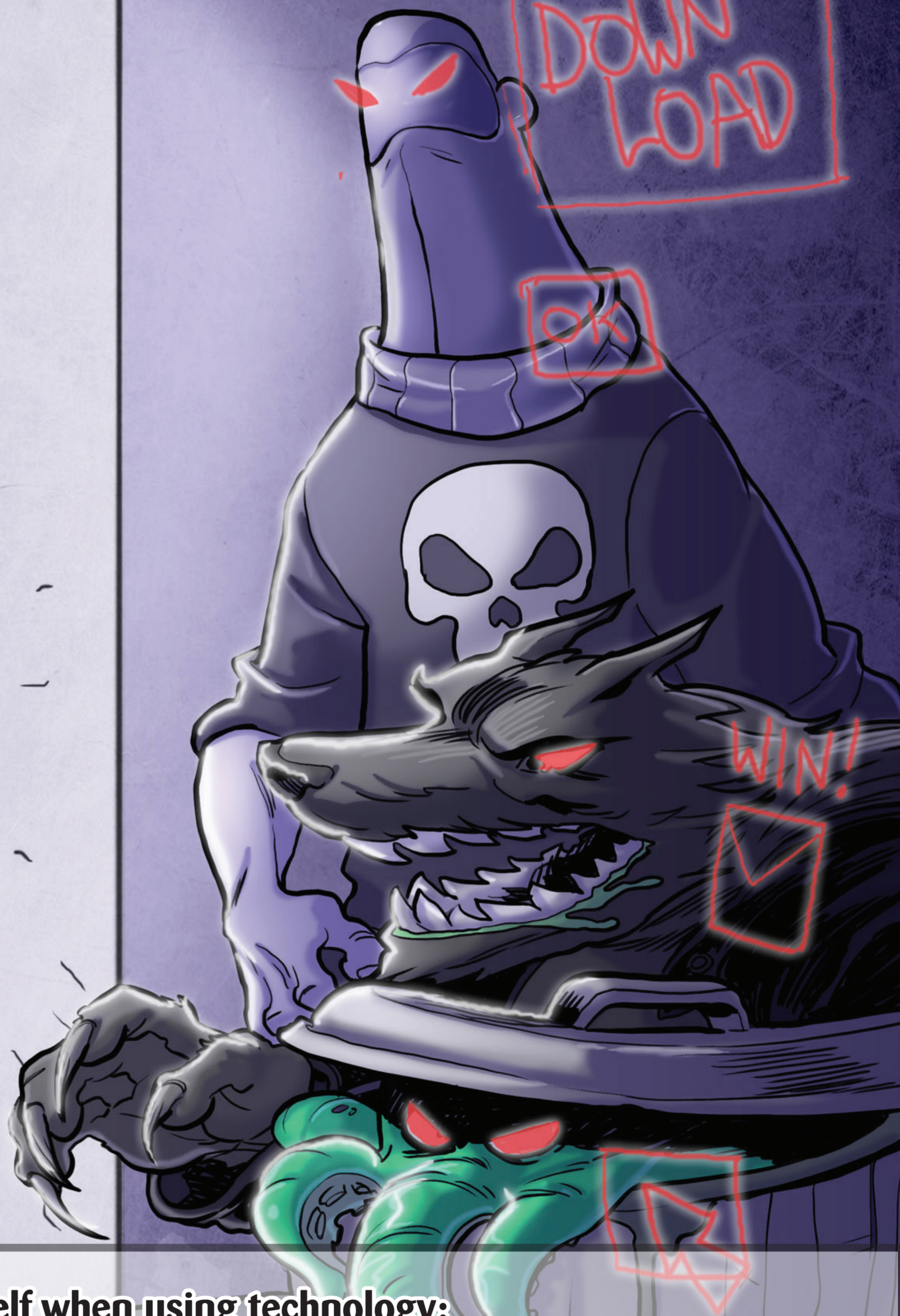


STAY SAFE ONLINE

Be aware of basic online safety practices.



Protecting yourself when using technology:

- Do not give out personal information to strangers.
- Choose passwords which cannot be guessed by other people.
- Be careful what you download; only open files from trusted sources.
 - Do not open email attachments that you are not expecting.
- Don't forward chain letters or spam messages to other people.
 - Be respectful and courteous to other people online.
- If something sounds too good to be true, it probably is. Be careful not to be tricked.
- If someone sends you a message that makes you feel uncomfortable, don't respond.
 - Encourage the people around you to be safe online.
- Be careful about posting pictures of yourself online. Remember that your picture might be sent on to other people.

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